



# Living Planet @ Home Newsletter

With much of the country experiencing high temperatures and low amounts of rainfall (excluding this past weekend), the Living Planet Team would like to extend our Water Awareness Month into our homes with the first edition of the Living Planet @ Home Newsletter!

## Water Conservation

There are lots of ways that you can conserve water around the home (big or small). Don't worry if you can't do everything on this list. Just pick a few things to start with, and do more as you can. Even a few small changes can add up to hundreds of litres in water savings each year!

Canadians currently *use an average* of 329 litres of *water per person, per day* — second only to the United States, and more than twice as much as Europeans.

Here's some helpful reminders to help curb your consumption:

### **1. Shower Bucket.**

Instead of letting the water pour down the drain, stick a bucket under the faucet while you wait for your shower water to heat up. You can use the water for flushing the toilet or watering your plants.

### **2. Turn off the tap while brushing your teeth & washing your hands.**

Don't let all that water go down the drain while you brush your

teeth or wash your hands! Turn off the faucet after you wet your brush and/or hands and leave it off until it's time to rinse.

### **3. To Flush or Not to Flush.**

The toilet is one of the most water-intensive fixtures in the house. Do you need to flush every time? In the country the motto is if it's yellow let it mellow, if it's brown flush it down!

### **4. Re-use your pasta cooking liquid.**

Instead of dumping that water down the drain, try draining your pasta water into a large pot. Once it cools, you can use it to water your plants. Just make sure you wait, because if you dump that boiling water on your plants, you might harm them.

### **5. Head to the car wash.**

If you feel compelled to wash your car, take it to a car wash that recycles the water, rather than washing at home with the hose.

### **6. Cut your showers short.**

Or skip the odd shower! Speed things up in the shower for some serious water savings. Do you really need to shower everyday?

### **7. Hand-washing a lot of dishes?**

Fill up your sink with water, instead of letting it run the whole time that you're scrubbing.